# Beyond Defaults: Is Noise Conditioning Necessary for Diffusion Models?

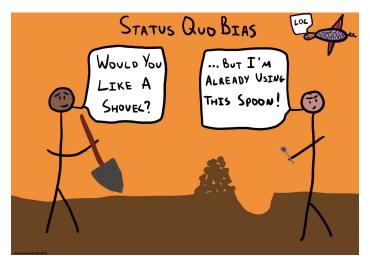
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## Status quo bias

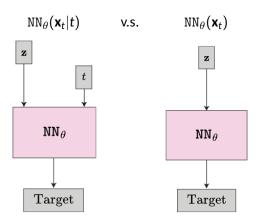
**Status quo bias** is people's irrational preference for maintaining current situation or state of affairs.



#### Is Noise Conditioning Necessary for Denoising Generative Models?

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This paper examines the necessity of noise conditioning in denoising-based generative models.



The motivation of challenging the necessity of noise levels is that "The noise level can be estimated from corrupted data"



noise level = 0.2



noise level = 0.3

#### Analysis on model accuracy

A loss function is defined as

$$\mathcal{L}(\theta) = \mathbb{E}_{\mathbf{x},\epsilon,t} \left[ w(t) || \text{NN}_{\theta}(\mathbf{x}_t|t) - r(\mathbf{x},\epsilon,t) ||_2^2 \right] \tag{1}$$

**D**ata point :  $\mathbf{x} \sim p_{\text{data}}$ 

Noise :  $\epsilon \sim p_{\text{noise}}$  (i.e.  $\mathcal{N}(\mathbf{0}, \mathbf{I})$ )

Noisy image :  $\mathbf{x}_t = a(t)\mathbf{x} + b(t)\epsilon \sim p_t$ 

► Regression target :  $r(\mathbf{x}, \epsilon, t) = c(t)\mathbf{x} + d(t)\epsilon$ 

	iDDPM, DDIM	EDM	FM
a(t)	$\sqrt{ar{lpha}(t)}$	$\frac{1}{\sqrt{t^2+\sigma_{ m d}^2}}$	1-t
b(t)	$\sqrt{1-ar{lpha}(t)}$	$rac{t}{\sqrt{t^2+\sigma_{ m d}^2}}$	t
c(t)	0	$rac{t}{\sigma_{ m d}\sqrt{t^2+\sigma_{ m d}^2}}$	-1
d(t)	1	$-rac{\sigma_{ extsf{d}}}{\sqrt{t^2+\sigma_{ extsf{d}}^2}}$	1

Analysis on model accuracy

### **Definition 1**

An **Effective target** of a model  $NN_{\theta}$  is a function that model learns ideally to minimize its training loss.

Loss function of a noise-conditional model  $NN_{\theta}(\mathbf{x}_t|t)$ :

$$\mathcal{L}(\theta) = \mathbb{E}_{\mathbf{x},\epsilon,t} \left[ w(t) || \text{NN}_{\theta}(\mathbf{x}_t|t) - r(\mathbf{x},\epsilon,t) ||_2^2 \right].$$

An effective target of the noise-conditional model  $NN_{\theta}(\mathbf{x}_t|t)$ :

$$R(\mathbf{x}_t|t) = \mathbb{E}_{(\mathbf{x},\epsilon) \sim p(\mathbf{x},\epsilon|\mathbf{x}_t,t)} [r(\mathbf{x},\epsilon,t)].$$

Analysis on model accuracy

Loss function of a noise-unconditional model  $NN_{\theta}(\mathbf{x}_t)$ :

$$\mathcal{L}(\theta) = \mathbb{E}_{\boldsymbol{x}, \epsilon, t}[w(t) || \text{NN}_{\theta}(\boldsymbol{x}_t) - r(\boldsymbol{x}, \epsilon, t) ||_2^2].$$

An effective target of the noise-unconditional model  $NN_{\theta}(\mathbf{x}_t)$ :

$$R(\mathbf{x}_t) = \mathbb{E}_{t \sim p(t|\mathbf{x}_t)}[R(\mathbf{x}_t|t)].$$

Analysis on model accuracy

Ideally,

$$NN_{\theta}(\mathbf{x}_t|t) \rightarrow R(\mathbf{x}_t|t),$$
 (2)

$$NN_{\theta}(\mathbf{x}_t) \to R(\mathbf{x}_t) = \mathbb{E}_{t \sim p(t|\mathbf{x}_t)}[R(\mathbf{x}_t|t)].$$
 (3)

If  $p(t|\mathbf{x}_t)$  is close enough to Dirac delta function, the effective targets of noise-conditional and noise-unconditional models would be the same.

$$\mathsf{Var}(p(t|\mathbf{x}_t)) o \mathsf{o} \ \Rightarrow \ \mathsf{R}(\mathbf{x}_t) o \mathsf{R}(\mathbf{x}_t|t)$$

Analysis on model accuracy

Theoretically, the variance of  $p(t|\mathbf{x}_t)$  is

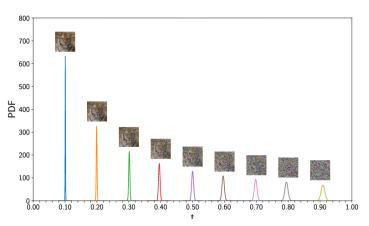
**Statement 1** (Concentration of  $p(t|\mathbf{z})$ ). Consider a single datapoint  $\mathbf{x} \in [-1,1]^d$ ,  $\epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ ,  $t \sim \mathcal{U}[0,1]$ , and  $\mathbf{z} = (1-t)\mathbf{x} + t\epsilon$  (the Flow Matching case). Given a noisy image  $\mathbf{z} = (1-t_*)\mathbf{x} + t_*\epsilon$  produced by a given  $t_*$ , the variance of t under the conditional distribution  $p(t|\mathbf{z})$ , is:

$$\operatorname{Var}_{t \sim p(t|\mathbf{z})}[t] \approx \frac{t_*^2}{2d},\tag{9}$$

when the data dimension d satisfies  $\frac{1}{d} \ll t_*$  and  $\frac{1}{d} \ll 1 - t_*$ . (Derivation in Appendix <u>C.2</u>)

Analysis on model accuracy

## Empirically, the distribution of $p(t|\mathbf{x}_t)$ is



Analysis on model accuracy

The norm between two effective targets  $E(\mathbf{x}_t)$  is  $1/10^3$  of  $R(\mathbf{x}_t)$ .

$$E(\mathbf{x}_t) = \mathbb{E}_{t \sim p(t|\mathbf{x}_t)} \left[ ||R(\mathbf{x}_t|t) - R(\mathbf{x}_t)||_2^2 \right]$$

Statement 2 (Error of effective regression targets). Consider the scenario in Statement  $\underline{1}$  and the Flow Matching case. The error defined in Eq. (10) satisfies:

$$E(\mathbf{z}) \approx \frac{1}{2} (1 + \sigma_{\mathrm{d}}^2) \tag{11}$$

when the data dimension d satisfies  $\frac{1}{d} \ll t_*$  and  $\frac{1}{d} \ll 1 - t_*$ . Here,  $\sigma_d$  denotes the per-pixel standard deviation of the dataset. (Derivation in Appendix C.3)

Analysis on model accuracy

## Empirically, the distribution of $p(t|\mathbf{x}_t)$ is

$t_*$	$\operatorname{Var}_{t \sim p(t \mathbf{z})}[t]$		$E(\mathbf{z})$	$\ R(\mathbf{z})\ ^2$	
	Empirical (×10 <sup>-4</sup> )	Estimation ( $\times 10^{-4}$ )	Empirical	Estimation	Empirical
0.1	$0.0143 \pm 0.0002$	0.0163	$0.558\pm0.005$	0.628	$3894 \pm 87$
0.3	$0.1280 \pm 0.0002$	0.1465	$0.561\pm0.006$	0.628	$3953 \pm 102$
0.5	$0.3695 \pm 0.0004$	0.4069	$0.556\pm0.006$	0.628	$3878 \pm 108$
0.7	$0.7008 \pm 0.0010$	0.7975	$0.564\pm0.005$	0.628	$3968 \pm 88$
0.9	$1.3085 \pm 0.0007$	1.3184	$1.822\pm0.245$	0.628	$3310 \pm 71$

Analysis on sampling

### Statement 3

Noise-conditional and unconditional samplings are expressed as

$$\mathbf{x}_{i+1} = \kappa_i \mathbf{x}_i + \eta R(\mathbf{x}_i | t_i) + \xi \epsilon_i, \tag{4}$$

$$\mathbf{x}'_{i+1} = \kappa_i \mathbf{x}'_i + \eta R(\mathbf{x}'_i) + \xi \epsilon_i. \tag{5}$$

### **Assuming**

- 1. Lipshitz  $||R(\mathbf{x}_i'|t_i) R(\mathbf{x}_i|t_i)|| \le L||x_i' x_i||$ ,
- 2.  $||R(\mathbf{x}_i'|t_i) R(\mathbf{x}_i')|| \leq \delta_i$ ,

$$||\mathbf{x}_N - \mathbf{x}_N'|| \le A_0 B_0 + \ldots + A_{N-1} B_{N-1},$$
 (6)

where 
$$A_i = \prod_{i=i+1}^{N-1} (\kappa_i + |\eta_i| L_i)$$
 and  $B_i = |\eta_i| \delta_i$ .

Training noise-unconditional model

Using EDM [Karras et al., 2022] as a backbone, they modified schedules to make model robust to noise in the absence of noise conditioning.

$$\begin{split} \mathcal{L}(\theta) &= \mathbb{E}_{\mathbf{x},\epsilon,t} \left[ \mathbf{w}(t) || \underbrace{c_{\text{skip}}(t)\mathbf{x}_t + c_{\text{out}}(t) \text{NN}_{\theta}(c_{\text{in}}(t)\mathbf{x}_t | t)}_{\text{Denoiser}} - \mathbf{x} ||_2^2 \right], \\ \text{where } c_{\text{skip}}(t) &= \sigma_d^2/(t^2 + \sigma_d^2), \\ c_{\text{out}}(t) &= t \cdot \sigma_d/\sqrt{t^2 + \sigma_d^2} \Rightarrow 1, \\ c_{\text{in}}(t) &= 1/\sqrt{t^2 + \sigma_d^2} \Rightarrow 1/\sqrt{t^2 + 1}. \end{split}$$

Results

### CIFAR10-unconditional

model	sampler	NFE	$\begin{array}{c} \text{FID} \\ \text{w/} t \rightarrow \end{array}$	w/o t
iDDPM iDDPM ( <b>x</b> -pred)	SDE SDE	500 500	$\begin{array}{ccc} 3.13 & \rightarrow \\ 5.64 & \rightarrow \end{array}$	5.51 6.33
DDIM	ODE SDE SDE	100 100 1000	$\begin{array}{ccc} 3.99 & \rightarrow \\ 8.07 & \rightarrow \\ 3.18 & \rightarrow \end{array}$	40.90 10.85 5.41
ADM	SDE	250	2.70 →	5.27
EDM	Heun Euler	35 50	<b>1.99</b> → 2.98 →	3.36 4.55
FM (1-RF)	Euler Heun RK45	100 99 ~127	$\begin{array}{ccc} 3.01 & \rightarrow \\ 2.87 & \rightarrow \\ 2.53 & \rightarrow \end{array}$	2.61 2.63 2.63
iCT ECM	-	2 2	$\begin{array}{ccc} 2.59 & \rightarrow \\ 2.57 & \rightarrow \end{array}$	3.57 3.27
uEDM (Sec. 5)	Heun	35	2.04 →	2.23

- Even without noise conditioning, most experiments show comparative results
- Especially for Flow Matching, they outperform without noise conditioning.
- ▶ DDIM with ODE sampling suffers from severe degradation.

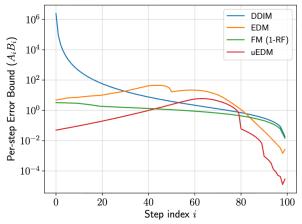
### Recall

$$||\mathbf{x}_{N} - \mathbf{x}'_{N}|| \le A_{O}B_{O} + \ldots + A_{N-1}B_{N-1},$$
 (7)

where 
$$A_i = \prod_{j=i+1}^{N-1} (\kappa_i + |\eta_i| L_i)$$
 and  $B_i = |\eta_i| \delta_i$ .

$$\begin{array}{|c|c|c|c|c|} \hline \textbf{Sampling} & \begin{bmatrix} \zeta \\ \\ \zeta \end{bmatrix} & \hline \\ \kappa_i & \hline \\ \eta_i & \frac{1}{\sqrt{1-\alpha_i}} \left( \sqrt{\frac{\bar{\alpha}_{i+1}}{\bar{\alpha}_{i+1}}} - \sqrt{\frac{\bar{\alpha}_{i+1}}{\bar{\alpha}_i}} \right) & \sqrt{1-\bar{\alpha}_{i+1}} - \sqrt{\frac{\bar{\alpha}_{i+1}}{\bar{\alpha}_i}} (1-\bar{\alpha}_i) & \frac{\sqrt{\frac{\sigma_d^2+t_i^2}{\sigma_d^2+t_{i+1}^2}} \left( 1-\frac{t_i(t_i-t_{i+1})}{t_i^2+\sigma_d^2} \right) \\ \zeta_i & \sqrt{\left(1-\frac{\bar{\alpha}_i}{\bar{\alpha}_{i+1}}\right)\frac{1-\bar{\alpha}_{i+1}}{1-\bar{\alpha}_i}} & 0 & 0 & \sigma_d(t_i-t_{i+1}) \\ \hline \\ Schedule \ t_{0\sim N} & t_i = \frac{N-i}{N} \cdot T & t_i = \frac{N-i}{N} \cdot T & t_i = \left( \frac{t_i^2}{t_{\min}^2} + \frac{i}{N} \left( \frac{t_i^2}{t_{\min}^2} - \frac{t_i^2}{t_{\min}^2} \right) \right)^{\rho} & t_i = 1-\frac{i}{N} \\ \hline \end{array}$$

### Results

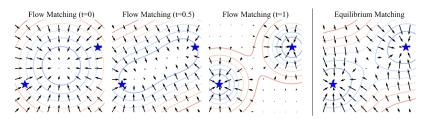


Model	accum. bound	FID v	м/ t —	→ w/o t
DDIM	3e6	3.99	$\rightarrow$	40.90
EDM	1e3	2.34	$\rightarrow$	3.80
FM (1-RF)	1e2	3.01	$\rightarrow$	2.61
uEDM (Sec. 5)	1e2	2.62	$\rightarrow$	2.66



Conclusion

We can interpret diffusion models as learning  $p_t$ , or some varying energy function  $\{E(x,t)\}_t$ . Without noise conditioning, the model learns a single energy function E(x), which aligns to classical EBM.



# EQUILIBRIUM MATCHING: GENERATIVE MODELING WITH IMPLICIT ENERGY-BASED MODELS

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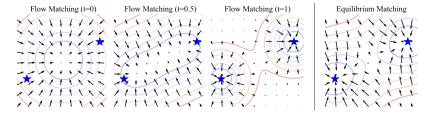
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EqM aims to train diffusion models without noise condition.



In other perspective, EqM models **fixed energy landscape** (or corresponding gradient field), and is similar to EBMs.

EBMs define probability density via an energy function  $E(\mathbf{x})$ , and the probability is defined by

$$p(\mathbf{x}) = \frac{\exp(-E(\mathbf{x}))}{Z}$$
, where  $Z = \int \exp(-E(\mathbf{x}))d\mathbf{x}$ .

EBMs are trained with

$$\mathcal{L}_{\mathsf{EBM}} = -\mathbb{E}_{p_{\mathsf{data}}}[E(\mathbf{x})] - \log Z,$$

and the calculation of log Z is usually intractable.

Training

Objective of Flow matching

$$\mathcal{L}_{\mathsf{FM}} = ||f_{\theta}(\mathbf{x}_t, t) - (\mathbf{x} - \epsilon)||_2^2 \tag{8}$$

Objective of EqM

$$\mathcal{L}_{\mathsf{EqM}} = ||f_{\theta}(\mathbf{x}_{\gamma}) - (\epsilon - \mathbf{x})c(\gamma)||_{2}^{2}. \tag{9}$$

- EqM learns gradient unlike flow mathcing.
- **EqM** designs c(1) = 0 so that data point is at local minima.

**Training** 

Objective of EqM-E (learning explicit energy)

$$\mathcal{L}_{\mathsf{EqM-E}} = ||\nabla g_{\theta}(\mathbf{x}_{\gamma}) - (\epsilon - \mathbf{x})c(\gamma)||_2^2, \tag{10}$$

where 
$$g_{\theta}(\mathbf{x}_{\gamma}) = \mathbf{x}_{\gamma} \cdot f(\mathbf{x}_{\gamma})$$
 or  $g_{\theta}(\mathbf{x}_{\gamma}) = -\frac{1}{2}||f(\mathbf{x}_{\gamma})||_2^2$ .

Sampling

EqM generates samples via optimization on the learned landscape. The name **Equilibrium** comes from the fact that the model learns a static system where the **data points are the low-energy** stable states, and sampling is the process of seeking this equilibrium.

#### **Gradient Descent**

$$\mathbf{x}_{k+1} \leftarrow \mathbf{x}_k - \eta \nabla E(\mathbf{x}_k)$$

This can be also interpreted as ODE solving.

#### **Nesterov Accelerated Gradient**

$$\mathbf{x}_{k+1} \leftarrow \mathbf{x}_k - \eta \nabla E(\mathbf{x}_k + \mu(\mathbf{x}_k - \mathbf{x}_{k-1}))$$

▶ Samplings can be adaptively done: e.g.  $||\nabla E(\mathbf{x}_k)||_2 < thres$ .

**Analysis** 

**Statement 1** (Learned Gradient at Ground-Truth Samples). Let f be an Equilibrium Matching model with c(1) = 0, and let  $x^{(i)}$  be a ground-truth sample in  $\mathbb{R}^d$ . Assume perfect training, i.e., f exactly minimizes the training objective. Then, in high-dimensional settings, we have:

$$||f(x^{(i)})||_2 \approx 0.$$

where  $x^{(i)}$  is an arbitrary sample from the training dataset. In other words, Equilibrium Matching assigns ground-truth images with approximately 0 gradient. (Derivation in Appendix C.I)

▶ 
$$E(\mathbf{x}) \approx \mathbf{o} \text{ for } \mathbf{x} \in \mathcal{D}.$$

**Analysis** 

**Statement 2** (Property of Local Minima). Let f be an Equilibrium Matching model with c(1) = 0, and let  $\hat{x}$  be an arbitrary local minimum where  $f(\hat{x}) = 0$ . Assume perfect training, i.e., f exactly minimizes the training objective. Then, in high-dimensional settings, we have:

$$P(\hat{x} \in \mathcal{X}) \approx 1.$$

where X is the ground-truth dataset. In other words, all local minima are approximately samples from the ground-truth dataset. (Derivation in Appendix C.2)

►  $E(\mathbf{x}) = \mathbf{0} \Rightarrow \mathbf{x} \in \mathcal{D}$  with probability 1.

Combining statement 1 and 2, all local minima are approximately samples from the dataset.



# EqM [Wang and Du, 2025] Results

Class conditional ImageNet 256x256, 250 steps.

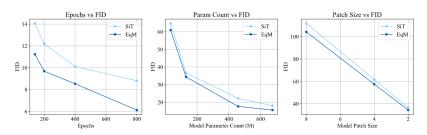
model	method	FID
StyleGAN-XL	GAN	2.30
VDM++	Diffusion	2.12
DiT-XL/2	Diffusion	2.27
SiT-XL/2	FM	2.06
EqM-XL/2	EqM	1.90

Class conditional ImageNet 256x256, 250 steps.

model	sampler	$\eta$	$\mu$	FID
SiT-XL/2	Euler (ODE)	0.0040	-	2.10
SiT-XL/2	Heun (SDE)	0.0040	-	2.06
EqM-XL/2	Euler (ODE)	0.0017	-	1.93
EqM-XL/2	GD	0.0017	-	1.93
EqM-XL/2	NAG-GD	0.0017	0.3	1.90

Results

### Scalability



Ablations the design of  $c(\gamma)$  (experiment with  $\lambda=1$ )

$c(\gamma)$	constant	linear	t	runcate	d	piece	ewise
a b	-	-	0.5	0.8	0.9	0.8	0.8 1.4
FID	40.81	50.47	38.98	38.34	41.22	38.84	38.75

Ablations on noise conditioning (experiment with  $\lambda=$  4)

noise conditioning	yes	yes	no	no
$c(\gamma)$	const	trunc	const	trunc
FID	36.68	41.89	40.81	32.85

 $ightharpoonup c(\gamma) = c$  is flow matching.

# EqM [Wang and Du, 2025] Results

### Explicit energy model

energy model	FID
none dot product $L_2$ norm	57.54 73.40 75.53

Can be used for OOD detection.

The reason why EqM can have better performance than flow matching might be

We might spend too much time on the noisy latent for flow matching.



Selecting time steps in diffusion models affects sample quality. The model automatically select time steps for EqM.

The other advantages of EqMs are (my opinion)

- ▶ Code is simple as it does not require  $\bar{\alpha}_i$  during sampling
- Less restrictions on added noise.

I am looking for the reason why this was not attempted before diffusion models. This is much similar to EBMs which are classics.

# Random thoughts

- We might have to revisit conventions and examine their necessity. This can make modeling and implementation simpler.
- Adding functionality is one direction of the research. Making something simpler is also possible direction of the research.
- Studying classics might be helpful. Recently, "The Principles of Diffusion Models" has been released from Ermon laboratory.

### Reference I



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Equilibrium matching: Generative modeling with implicit energy-based models. arXiv preprint arXiv:2510.02300.